

# GET VIRTUAL CARE VIA TELEMEDICINE

Concerned about your symptoms? Get advice anytime, anywhere by using telemedicine!


When you don't feel well you want to get better fast. You should consider using the telemedicine option offered through your medical insurance carrier.


Through this service, you have the opportunity to speak with licensed doctors—by phone or video—to discuss your symptoms and the best next steps for you. Appointments are usually scheduled for the same day and are available 24 hours from anywhere in the world.


## What else can I use telemedicine for?

- Video or phone consultations with a licensed doctor
- A diagnosis for non-emergency health issues ranging from acute conditions to complex chronic conditions
- Non-emergency pediatric care
- Prescriptions for common health concerns, when medically necessary and permitted
- Treating medical conditions like fever, rash, pain and more
- Making preparations for an upcoming consultation
- Discussing a medication plan and potential side effects

## How does it work?

 **Request an appointment:** Contact your telemedicine vendor to make an appointment with a doctor anytime, anywhere, 24/7.

 **Speak with a doctor:** Your initial telemedicine consultation will be with a general practitioner (GP) – by phone or video.

 **Feel Better:** When necessary, a prescription will be sent to you to take to your local pharmacy.

**Sign up today to start using telemedicine the next time you need care!**

